Understanding Markets and Long-term Investing

Compliments of:

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The story behind these charts...

The beauty of newspapers, from a publisher's perspective, is that they're addictive. A story doesn't unfold all in one go, like a novel. It fills in, bit by bit, over days. So, you have to keep buying the next day's newspaper.

The story of markets and individual investments, as presented in various media, is like that. Every day, we get a few disjointed pieces of information. But, for some reason, they rarely add up to a practical investment principle, like diversification. More often, they simply stir up emotions.

The charts in the following pages are, by contrast, the accumulation of years and years of data. They tell a long-term story of market behaviour - good and bad. They lay the groundwork for an understanding of risks and rewards. They set the stage for rational discussions of asset mix and individual investments.

We assembled these charts because we're not interested in selling papers. We're interested in growing wealth for long-term investors.

Predicting the winner is difficult

1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007
US	Emerging	Foreign	US	Cdn.	US	US	Emerging	Cdn.	US	Cdn.	Cdn.	Emerging	Emerging	Emerging	Emerging
Small Cap	Markets	Equities	Large Cap	Small Cap	Large Cap	Large Cap	Markets	Bonds	Small Cap	Bonds	Small Cap	Markets	Markets	Markets	Markets
30.5%	82.3%	14.5%	33.9%	28.7%	39.2%	37.7%	57.2%	10.3%	8.8%	8.7%	42.7%	16.8%	31.2%	31.2%	38.7%
Emerging	Cdn.	Global	US	Cdn.	US	Global	Cdn.	Cdn.	Cdn.	Cdn.	Emerging	Cdn.	Cdn.	Foreign	Cdn
Markets	Small Cap	Equities	Small Cap	Large Cap	Small Cap	Equities	Large Cap	Large Cap	Bonds	Small Cap	Markets	Large Cap	Large Cap	Equities	Large Cap
22.4%	48.3%	11.9%	24.9%	28.4%	27.7%	33.7%	31.7%	7.4%	8.1%	-0.9%	27.8%	14.5%	24.1%	26.8%	9.8%
US	Foreign	US	Cdn.	US	Global	Foreign	Cdn.	Cdn.	Emerging	Emerging	Cdn.	Cdn.	Cdn.	Global	Cdn
Large Cap	Equities	Large Cap	Bonds	Large Cap	Equities	Equities	Small Cap	Small Cap	Markets	Markets	Large Cap	Small Cap	Small Cap	Equities	Bonds
18.4%	38.5%	7.4%	20.7%	23.4%	21.3%	28.9%	20.3%	7.3%	3.8%	-7.0%	26.7%	14.1%	19.7%	20.6%	3.7%
Cdn.	Cdn.	US	Global	US	Cdn.	Cdn.	Foreign	US	Cdn.	Cdn.	US	Foreign	Foreign	US	Cdn
Bonds	Large Cap	Small Cap	Equities	Small Cap	Large Cap	Bonds	Equities	Small Cap	Small Cap	Large Cap	Small Cap	Equities	Equities	Small Cap	Small Cap
9.8%	32.6%	4.0%	18.1%	16.9%	15.0%	9.2%	20.1%	0.8%	3.4%	-12.4%	20.5%	12.4%	10.5%	18.3%	2.0%
Cdn.	Global	Cdn.	Cdn.	Global	Cdn.	US	Global	US	US	Foreign	Foreign	US	Global	Cdn.	Foreign
Small Cap	Equities	Large Cap	Large Cap	Equities	Bonds	Small Cap	Equities	Large Cap	Large Cap	Equities	Equities	Small Cap	Equities	Large Cap	Equities
9.7%	28.3%	-0.2%	14.5%	14.4%	9.6%	4.4%	18.2%	-5.5%	-6.5%	-16.4%	13.9%	10.2%	6.6%	17.3%	-5.3%
Global	US	Emerging	Cdn.	Cdn.	Cdn.	Cdn.	US	Global	Global	Global	Global	Global	Cdn.	Cdn.	Global
Equities	Small Cap	Markets	Small Cap	Bonds	Small Cap	Large Cap	Small Cap	Equities	Equities	Equities	Equities	Equities	Bonds	Small Cap	Equities
4.9%	23.9%	-1.8%	13.9%	12.3%	7.0%	-1.6%	14.4%	-9.5%	-11.4%	-20.2%	9.4%	7.3%	6.5%	16.6%	-7.1%
Cdn.	Cdn.	Cdn.	Foreign	Foreign	Foreign	Cdn.	US	Foreign	Cdn.	US	Cdn.	Cdn.	US	US	US
Large Cap	Bonds	Bonds	Equities	Equities	Equities	Small Cap	Large Cap	Equities	Large Cap	Small Cap	Bonds	Bonds	Large Cap	Large Cap	Large Cap
-1.4%	18.1%	-4.3%	8.6%	6.7%	6.5%	-17.9%	14.2%	-10.6%	-12.6%	-21.1%	6.7%	7.2%	1.6%	15.7%	-10.6%
Foreign	US	Cdn.	Emerging	Emerging	Emerging	Emerging	Cdn.	Emerging	Foreign	US	US	US	US	Cdn.	US
Equities	Large Cap	Small Cap	Markets	Markets	Markets	Markets	Bonds	Markets	Equities	Large Cap	Large Cap	Large Cap	Small Cap	Bonds	Small Cap
-3.0%	14.7%	-8.6%	-7.8%	6.6%	-7.7%	-19.9%	-1.1%	-28.2%	-16.4%	-22.7%	5.3%	3.3%	1.3%	4.1%	-16.5%

Canadian Bonds: Dex Universe Bond Total Return Index Canadian Large Cap: S&P/TSX Total Return Index

Canadian Small Cap: BMO Nesbitt Burns Cdn Small Cap Index Emerging Markets: MSCI Emerging Markets Free Index (\$Cdn) Global Equities: MSCI World Index (\$Cdn) Foreign Equities: MSCI EAFE Index (\$Cdn)

US Large Cap: S&P 500 Total Return Index (\$Cdn)

US Small Cap: Russell 2000 Index (\$Cdn)



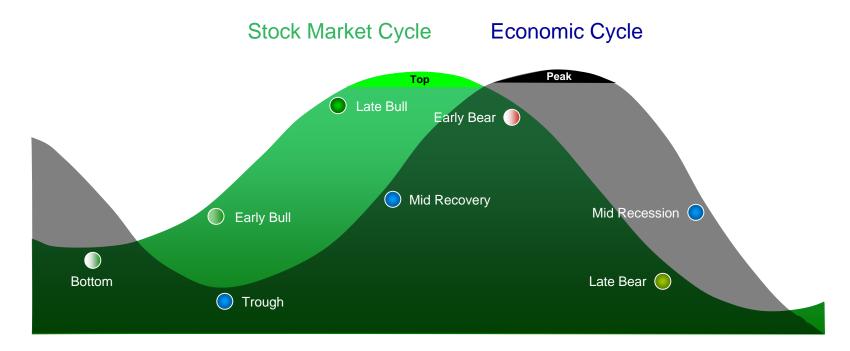
Certainty #3 in life . . .

A market will cycle...challenging investor emotions



Always remember . . . it's only a cycle

Market cycle relative to economic cycle . . . but each has differences



For illustrative Purposes Only

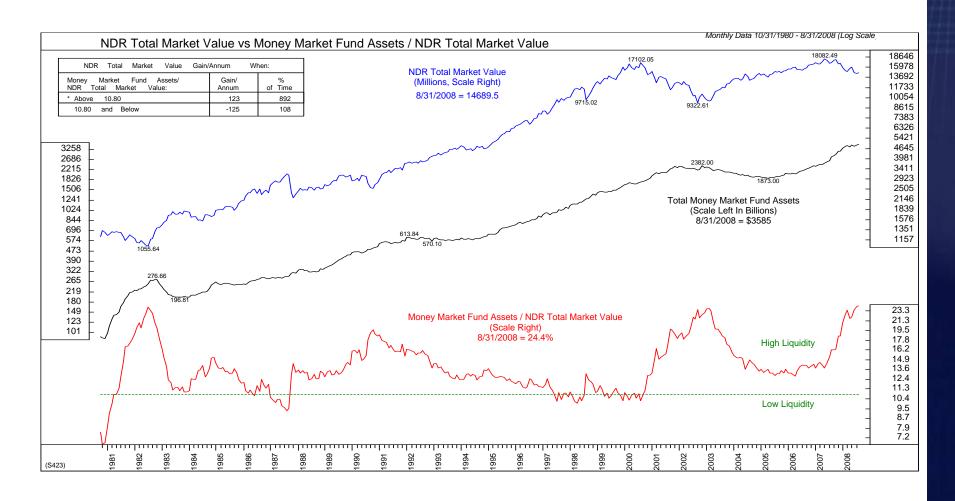
Today versus Great Depression

No comparison

Key Factor	Great Depression	Today
Gross domestic product growth	-27%	+1%
Industrial production	-52%	-2%
Unemployment rate high	25%	6%
Federal deficit as percentage of GDP	1.4%	4.9%
U.S. exports	-66%	+15%
Consumer Price Index	-27%	+4%
Money supply	-29%	+3%

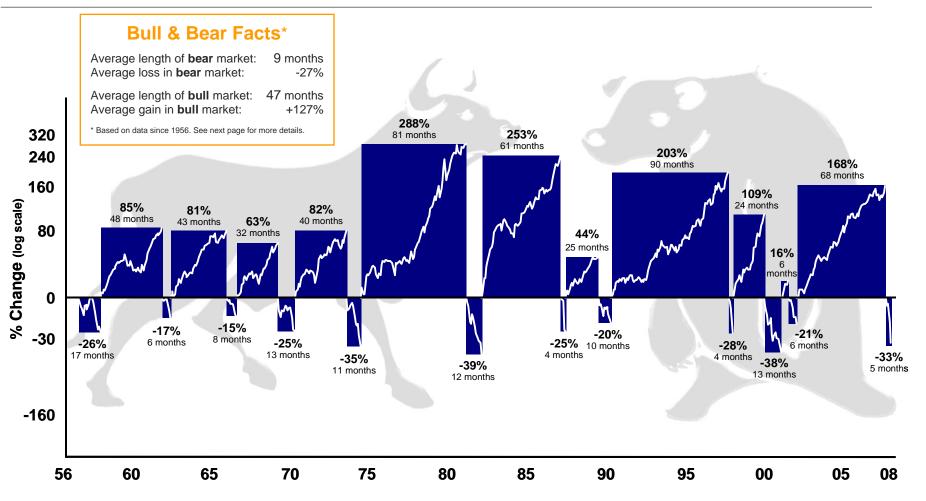
Source: Schwab Investing Insights, Fall, 2008, Federal Reserve, Historical Statistics of the United States, Bureau of Labor Statistics, Bureau of Economic Analysis, National Bureau of Economic Research

High Investor Cash Reserves Depress Markets Short-Term, Fuel Them Long-Term



Choose Wisely. Mackenzie

Bull & Bear Markets S&P/TSX Composite Index to October 2008



Source: Mackenzie Financial (Datastream: month-end data points as at October 31, 2008; total return)

Bull & Bear Markets S&P/TSX Composite Index to October 2008

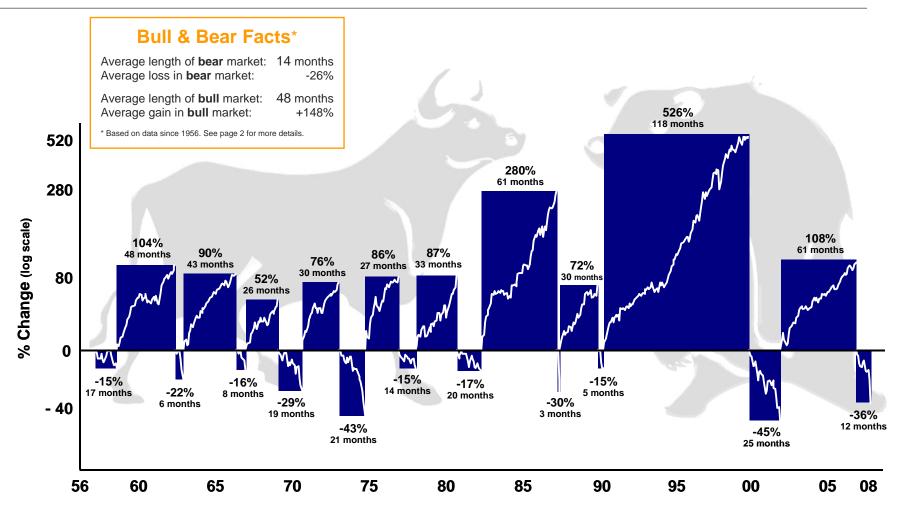
THE RISKS AND REWARDS OF INVESTING

- This chart represents the bull and bear markets in the S&P/TSX Index since 1956. All bars above the line are bull markets; all bars below are bear markets.
- For the purposes of this illustration, a bull (bear) market is defined as a positive (negative) move greater than 15% that lasts at least 3 months.
- The first bar represents a bear market which, at its lowest point, dropped to -26% and lasted 17 months. This was followed by a bull market rising 85% and lasting 48 months.
- Since 1956 there have been 11 bull markets and 12 bear markets. As can be seen from the chart, bull markets typically last longer and provide a more significant percentage change.
- Bear markets during this period have averaged -27% and lasted only 9 months. Bull markets during this period have averaged 127% and lasted 47 months. This is the reward for accepting the risk of bear markets.

INVESTOR BEHAVIOUR

- According to the chart, markets spend more time in positive territory (bull) than negative (bear).
- Bull markets are, on average, longer and more intense, providing a more significant percentage change.
- On average bear markets are more brief, and yet engender fear. It is during these periods that there are significant investment 'bargains' to be found.
- Investor discipline during bear markets is critical.

Bull & Bear Markets S&P 500 Composite Index to October 2008



Source: Mackenzie Financial (Datastream: month-end data points as at October 31, 2008; total return, local currency)

Bull & Bear Markets S&P 500 Composite Index to October 2008

THE RISKS AND REWARDS OF INVESTING

- This chart represents the bull and bear markets in the S&P 500 Composite Total Return since 1956. All bars above the line are bull markets; all bars below are bear markets.
- For the purposes of this illustration, a bull (bear) market is defined as a positive (negative) move greater than 15% that lasts at least 3 months.
- The first bar represents a bear market which, at its lowest point, dropped to -15% and lasted 17 months. This was followed by a bull market rising 104% and lasting 48 months.
- Since 1956 there have been 10 bull markets and 11 bear markets. As can be seen from the chart, bull markets typically last longer and provide a more significant percentage change.
- Bear markets during this period have averaged -26% and lasted only 14 months. Bull markets during this period have averaged 148% and lasted 48 months. This is the reward for accepting the risk of bear markets.

INVESTOR BEHAVIOUR

- According to the chart, markets spend more time in positive territory (bull) than negative (bear).
- Bull markets are, on average, longer and more intense, providing a more significant percentage change.
- On average bear markets are more brief, and yet engender fear. It is during these periods that there are significant investment 'bargains' to be found.
- Investor discipline during bear markets is critical.

Why Commit Now When Further 5-8% Decline Possible? **Because Best Returns Come Fast And Early in New Bull**

Mean Group Performance During NDR Defined Bear and Bull Markets D., 1.1

	Bull	Market		
	4/19/1980	- Present		
	First	Second	Last	Total
	Third	Third	Third	Bull
Group Name	Bull	Bull	Bull	Market
Broadcast Media	38.98	22.35	19.19	121.70
Consumer Durables & Apparel	53.16	16.16	15.55	118.42
Consumer Services	55.01	19.32	16.83	123.34
Retailing	61.14	23.55	28.36	178.10
Consumer Staples	30.81	14.93	18.45	85.04
Energy	19.29	30.15	22.12	86.96
Banking	42.21	20.32	14.52	128.39
Diversified Financials	58.73	30.47	24.76	191.44
Insurance	42.12	18.45	17.89	119.67
Real Estate Investment Trusts	32.70	11.56	6.62	62.97
Health Care Equipment & Services	44.18	29.06	12.46	128.22
Pharmaceuticals Biotechnology & Life Sciences	43.26	14.54	27.85	116.45
Capital Goods	40.32	20.23	21.30	114.29
Commercial Services & Supplies	43.81	22.95	18.63	134.76
Transportation	47.75	18.18	19.84	117.79
Software & Services	73.48	26.22	35.92	252.53
Technology Hardware & Equipment	67.13	28.45	24.12	197.62
Materials	37.60	18.61	18.39	96.96
Telecommunications Services	42.72	23.25	24.48	138.13
Utilities	21.80	10.04	5.16	44.56

^{*} Only Used Groups With Price Data Back To 10/14/1980 NED DAVIS RESEARCH, INC. T_370 9/06/2008

What to do when markets get rough? Lessons from the Oracle

Volatility? . . . Warren Buffett offers 3 steps



- 1) Turn "off" the stock market
- 2) Don't worry about the economy
- 3) Buy businesses, not stocks

Timely advice:

"We don't have to be smarter than the rest; we have to be more disciplined than the rest."

"Be fearful when others are greedy . . . and greedy only when others are fearful."

Warren Buffett



Buffett says . . .

"This really is an economic Pearl Harbor"

More important . . . what is the Oracle of Omaha doing?

Buying excellent companies at distress prices





\$5 billion stock purchase (September 24-08)



stock purchase (October 1-08)

Visual Source: YahooFinance, October 2008

Value of \$10,000 invested in the S&P 500 (US\$) January 31, 1973:

3 Months Later... \$9,285

6 Months Later... \$9,465

9 Months Later... \$9.545

12 Months Later... \$8,587

1 Year, 8 Months Later (Sept/74 Market Low) \$5,816

At what point do you think most investors would have given up and thrown in the towel?

\$5,816 removed from the market & re-invested in an interest bearing CD at 10.5%:

6 months later... \$6,121

12 months later... \$6,426

2 years later... \$7,101

5 years later... \$9,581

10 years later... \$16,145 (after re-investment Sept/79 for 5 yrs at prevailing rate of 11%)

Choose Wisely. Mackenzie

What if you had kept your \$5,816 invested in the S&P 500 (US\$) instead of going into cash on Sept 30, 1974?

\$7.820

	, , , , , , , , , , , , , , , , , , ,
12 months later	\$8,033
2 years later	\$10,468

5 years later... \$12,596

\$24,671 10 years later...

Food for thought.

6 months later...



What if you invested an additional \$10,000 in the S&P 500 (US\$) instead of going into cash on Sept 30, 1974?

6 months later	\$21,266
12 months later	\$21,846
2 years later	\$28,465
5 years later	\$34,254
10 years later	\$67,091

Food for thought.



Value of \$10,000 invested in the S&P 500 (US\$) August 31, 2000:

3 months later... \$8,688

6 months later... \$8,216

9 months later... \$8,349

12 months later... \$7,561

2 years, 1 month later (Sept/02 Market Low) \$5,527

At what point do you think most investors would have given up and thrown in the towel?

\$5,527 removed from the market & re-invested in a 5-year GIC at 3.28%

12 months later... \$5,708

2 years later... \$5,895

3 years later... \$6,087

5 years later \$6,493

Choose Wisely. Mackenzie

What if you had kept your \$5,527 invested in the S&P 500 (US\$) instead of going into cash on Sept 30, 2002?

6 months later	\$5,804
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12 months later	\$6,875
	¥ -,

2 years later	\$7,829
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\$8,787 3 years later...

5 years later... \$11,334

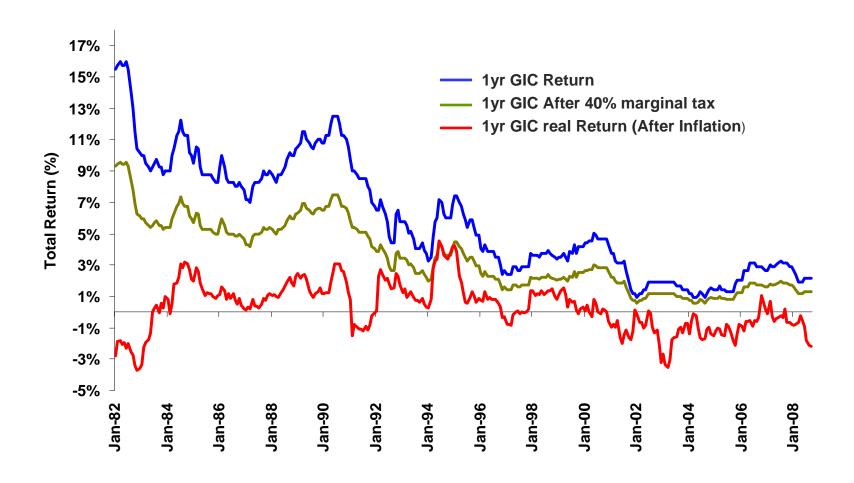
Food for thought.

What if you invested an additional \$10,000 in the S&P 500 (US\$) instead of going into cash on Sept 30, 2002?

6 months later	\$16,306
12 months later	\$19,315
2 years later	\$21,992
3 years later	\$24,685
5 years later	\$31,842

Food for thought.

Real Return of a GIC



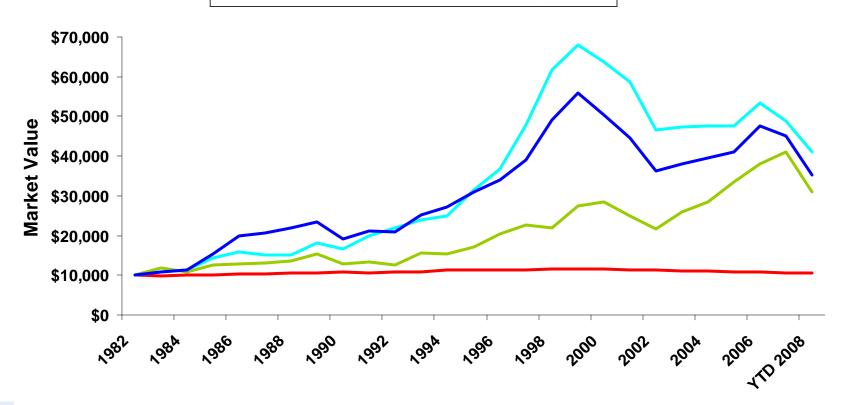
Real Return of \$10,000

S&P 500 Real Return: \$41,064

MSCI World Real Return: \$35,336

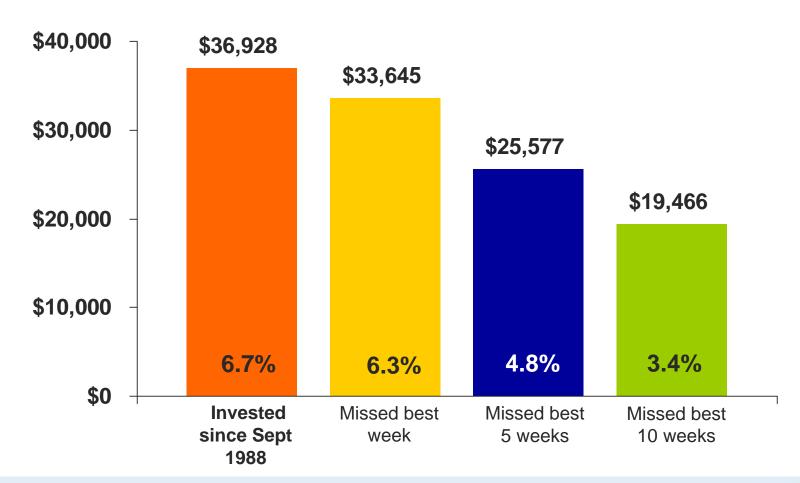
S&P/TSX Real Return: \$30,958

GIC Real Return: \$10,568



20 Years of the S&P/TSX You can't afford to miss the best weeks

Value of \$10,000 invested September 1988 to September 2008



20 Years of the S&P/TSX

Stock market gains are often swift and unpredictable. Investors who choose to stay out of the market, even for short periods, frequently miss out on great opportunities.

This chart assumes an investor put \$10,000 into the S&P/TSX 20 years ago (September 26, 1988). Over this period the average annual return for the S&P 500 was 6.7%. Look what happens if the same investor attempts to time the market.

Being in the market for the entire 20 year period would have resulted in a portfolio value of \$36,928. If the investor missed the top ten weeks the portfolio value drops to \$19,466.

Missing the best week: Assume an investor was worried that the market was overvalued and decided to take his or her money out of their investments and as a consequence missed the best week. Their return drops from 6.7% to 6.3%.

Considering that there are 1,040 weeks in 20 years – 10 weeks make up less than 1% of the available time – missing those time periods reduces the investor's gain by more than \$17,000. That's almost half of the investor's total return!

Missing the best five weeks: Return drops to 4.8%.

Missing the best 10 weeks: Return drops to 3.4%.

20 Years of the S&P 500 You can't afford to miss the best weeks

Value of \$10,000 invested September 1988 to September 2008



20 Years of the S&P 500

Stock market gains are often swift and unpredictable. Investors who choose to stay out of the market, even for short periods, frequently miss out on great opportunities.

This chart assumes an investor put \$10,000 into the S&P 500 20 years ago (September 26, 1988). Over this period the average annual return for the S&P 500 was 6.9% (Cdn\$). Look what happens if the same investor attempts to time the market.

Being in the market for the entire 20 year period would have resulted in a portfolio value of \$37,945. If the investor missed the top ten weeks the portfolio value drops to \$19,761.

Missing the best week: Assume an investor was worried that the market was overvalued and decided to take his or her money out of their investments and as a consequence missed the best week. Their return drops from 6.9% to 6.5%.

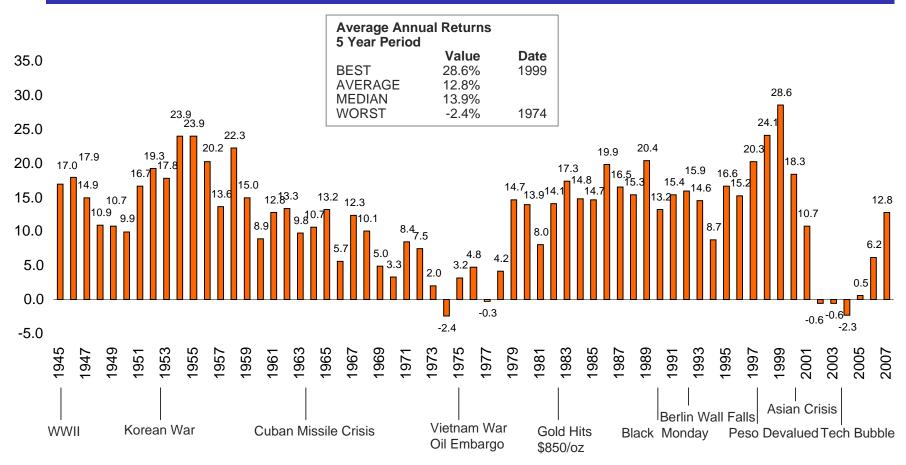
Considering that there are 1,040 weeks in 20 years – 10 weeks make up less than 1% of the available time – missing those time periods reduces the investor's gain by more than \$18,000. That's over half of the investor's total return!

Missing the best five weeks: Return drops to 5.0%.

Missing the best 10 weeks: Return drops to 3.5%.

Stay invested: patience is rewarded

ROLLING 5-YEAR AVERAGE ANNUAL COMPOUND RETURNS (S&P 500) - ONLY FOUR NEGATIVE PERIODS



Investor expectations

Observations

- Since 1945, there has been only one 5-year period when investors simply broke even (1972-1977).
- Since 1945, there has been only five 5year period when investors lost money
- The average 5-year return has been 12.3%

Implications

- Consider the first bar on the chart. If you had put money into the market at the beginning of World War II, your portfolio would have grown 17% annually by the end of 1945.
- Investment strategists and professionals constantly warn investors about important economic variables, such as interest rates, inflation, a depreciating currency, oil prices rising, and even presidential elections. It is often suggested that, before investing, investors wait for certainty to arise around a specific variable. However, there will always be uncertainty in the market.

Conclusion

- If a long-term perspective was maintained, performance did not suffer during times of uncertainty or crisis.
- Waiting on the sidelines until there is no uncertainty could mean a missed investment opportunity.

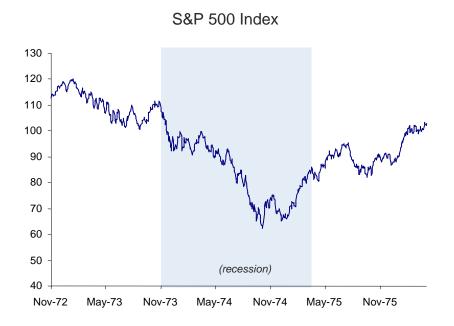


Positive years: 129 (70	1%)		2007					
Negative years: 54 (30	2005	1						
			1994	1				
			1993	1				
			1992					
			1987	1				
			1984	1				
			1978	1				
			1970	1				
			1960	2006				
			1956	2004				
			1948	1988				
			1947	1986				
			1923	1979				
			1916	1972				
			1912	1971	1			
		2000	1911	1968	1			
		1990	1906	1965	1			
		1981	1902	1964				
		1977	1899	1959				
		1969	1896	1952				
		1962	1895	1949				
		1953	1894	1944	2003			
		1946	1891	1926	1999			
		1940	1889	1921	1998			
		1939	1887	1919	1996			
		1934	1881	1918	1983			
		1932	1877	1905	1982			
	2001	1929	1875	1904	1976			
	1973	1914	1874	1898	1967			
	1966	1913	1872	1897	1963	1997		
	1957	1903	1871	1892	1961	1995		
	1941	1890	1870	1886	1951	1991		
	1920	1887	1869	1878	1943	1989		
	1917	1883	1868	1864	1942	1985		
	1910	1882	1867	1858	1925	1980		
	1893	1876	1866	1855	1924	1975		
	1884	1861	1865	1850	1922	1955		
	1873	1860	1859	1849	1915	1950		
2002	1854	1853	1856	1848	1909	1945		
1974	1841	1851	1844	1847	1901	1938	1958	1954
1930	1837	1845	1842	1838	1900	1936	1935	1933
2008 1907	1831	1835	1840	1834	1880	1927	1928	1885
YTD 1857	1828	1833	1836	1832	1852	1908	1863	1879
1931 1937 1839	1825	1827	1826	1829	1846	1830	1843	1862
-50 to -40 -40 to -30 -30 to -				10 to 20	20 to 30	30 to 40	40 to 50	50 to 60

U.S. Stock Market Annual Total Return: 183 Year **History**

Percentage Total Return

A Tale of 5 Recessions Recession # 1: 1973-1975

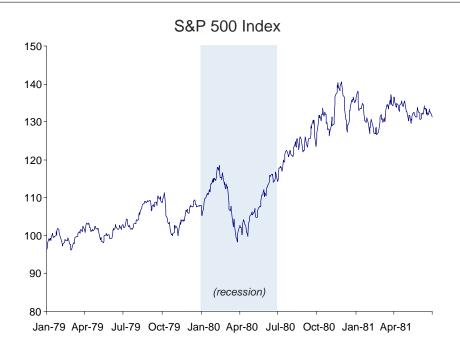


Recession started: Nov. 1973
Announced: N/A

Ended: March 1975

- Oct. 1973 Arab oil embargo causes oil prices to quadruple
- Inflation rate soars from 6.2% in 1973 to 11% in 1974

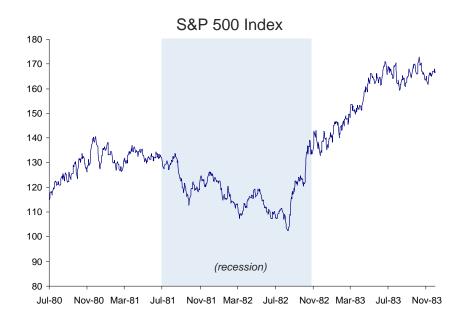
A Tale of 5 Recessions Recession # 2: 1980



Recession started: Jan. 1980 Announced: June 1980 Ended: July 1980

- Double-digit inflation since mid-1970s
- Oil imports reduced from Iran in 1979
- US central bank aggressively raises interest rates

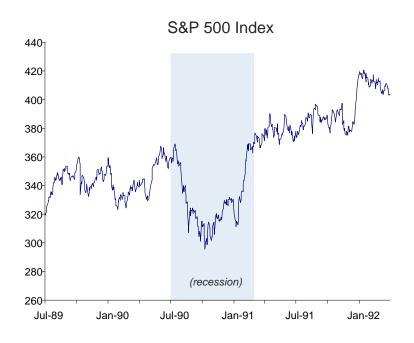
A Tale of 5 Recessions Recession # 3: 1981-1982



Recession started: July 1981 Announced: Jan. 1982 Ended: Nov. 1982

- Runaway inflation: \$1 in 1975 has same buying power as
 \$2 in 1985
- US central bank raises rates from 11% (1979) to 20% (1981)

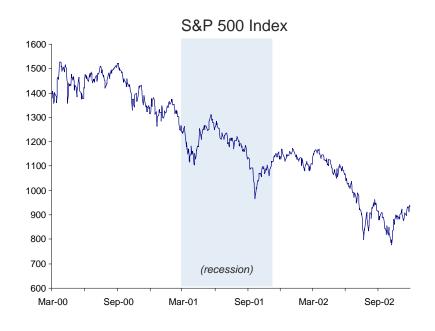
A Tale of 5 Recessions Recession # 4: 1990-1991



Recession started: July 1990
Announced: April 1991
Ended: March 1991

- Real estate bubble of late 1980s bursts
- Savings & Loan Crisis: 1,000+ institutions bankrupt (1986-1995)

A Tale of 5 Recessions: **Recession # 5: 2001**



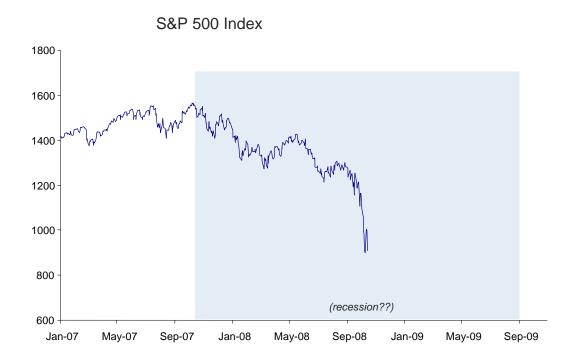
Recession started: March 2001 Nov. 2001 Announced: Ended: Nov. 2001

- Tech bubble bursts in March 2000
- September 11, 2001
- Corporate accounting scandals in 2002

Diagnosing a recession

- A recession is typically diagnosed <u>six months after</u> it has started
- By the time a recession is officially announced, the market may have already priced in the economic weakness
- In the 1980 and 1990 recessions, the total stock market declines occurred <u>before</u> the recessions were announced

Where are we now? 2007-?



- From its high in Sept. 2007, the S&P 500 Index falls 42.5% by October 10, 2008
- 1973-1974 crash: Market falls 48% (Jan-73 to Oct-74)
- 1987 crash: Market falls 33.5% (Aug-87 to Dec-87)

Looks a lot like 1990-1991 recession...

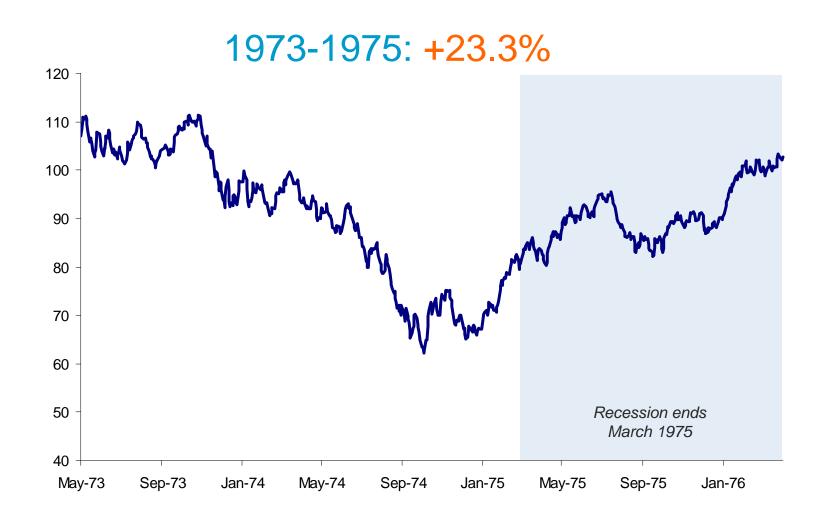
1990 - 1991

- Housing slump
- Savings & loan crisis
- US central bank cuts rates 8.25% to 3% (1990-1992)

2007 - 2008

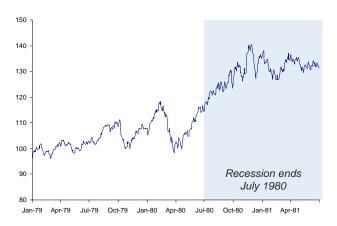
- Housing slump
- Subprime crisis
- US central bank cuts rates 5.25% to 1.50% (2007-present)

12 months after recession officially ended...

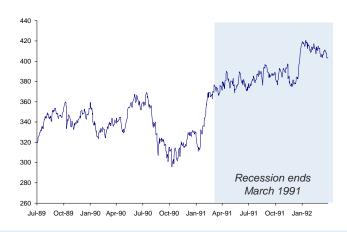


12 months after recession officially ended...

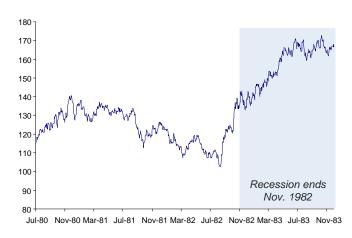
1980: +14.9%



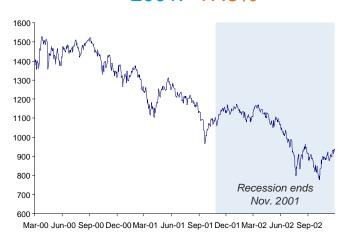
1990-1991: +10.6%



1981-1982: +20.7%



2001: -17.8%



12 months after recession officially ended

- In 4 of the last 5 recessions, stock markets were <u>up</u> 12 months after the official end date of those recessions
- In the 2001 recession, stocks continued to decline

Dates and lengths of US recessions

Dat	es	Recession	Expansion
Sep 1902	Aug 1904	23	21
May 1907	June 1908	13	33
Jan 1910	Jan 1912	24	19
Jan 1913	Dec 1914	23	12
Aug 1918	March 1919	7	44
Jan 1920	July 1921	18	10
May 1923	July 1924	14	22
Oct 1926	Nov 1927	13	27
Aug 1929	March 1933	43	21
May 1937	June 1938	13	50
Feb 1945	Oct 1945	8	80
Nov 1948	Oct 1949	11	37
July 1953	May 1954	10	45
Aug 1957	April 1958	8	39
April 1960	Feb 1961	10	24
Dec 1969	Nov 1970	11	106
Nov 1973	March 1975	16	36
Jan 1980	July 1980	6	58
July 1981	Nov 1982	16	12
July 1990	March 1991	8	92
March 2001	Nov 2001	8	120



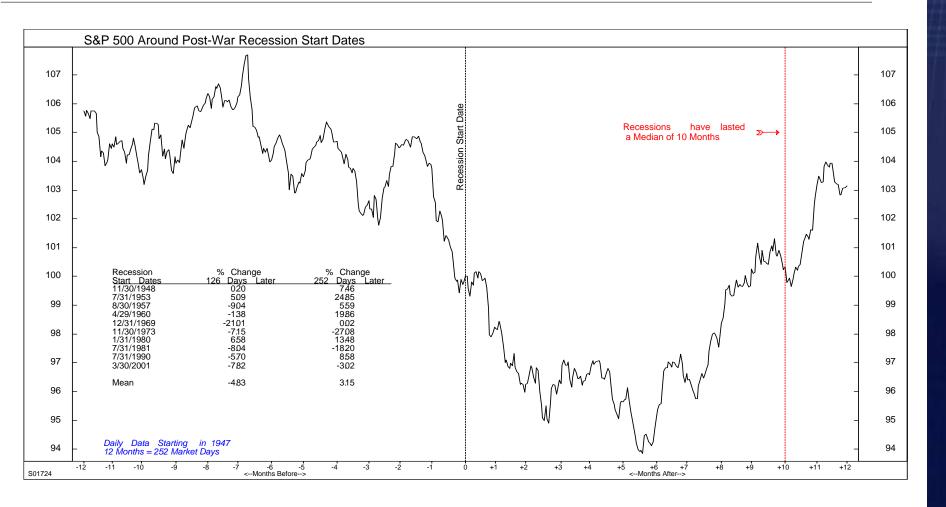
Average length of recessions

Recession	Expansion

1902 to 2001	(21 c)	ycles)	14 months	43 months
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1945 to 2001 (10 cycles) 10 months 57 months

Half Way Through Recessions, Economy Slips Further, But Stocks Anticipate Next Cycle

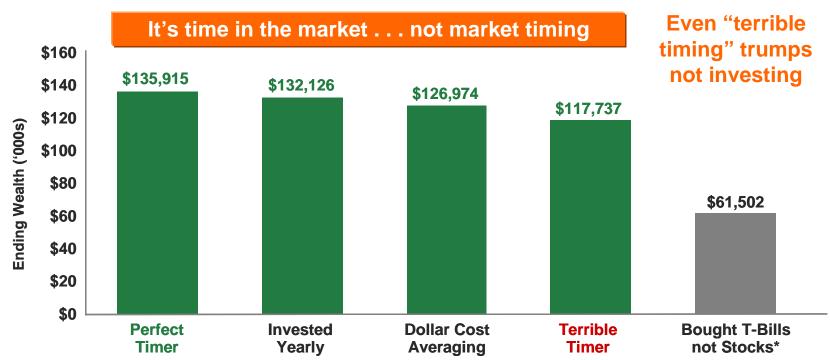


Source: Ned Davis Research

When is the *right time* to invest .

Five approaches - five investment results

Investing \$2,000/yr in S&P 500 Index over 20 years

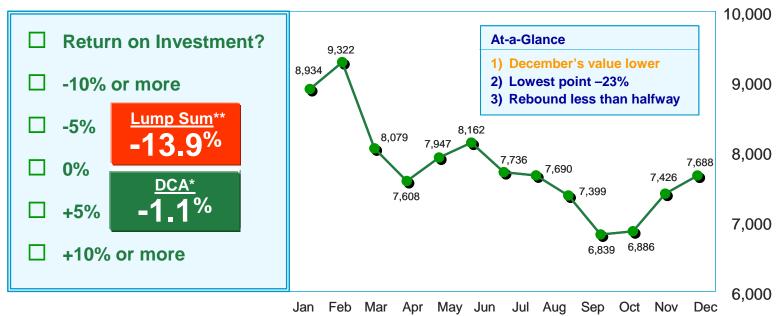


^{*} Purchased U.S. 30-day T-bills

Dollar cost averaging: volatility can be a friend

Actual market results for 2001



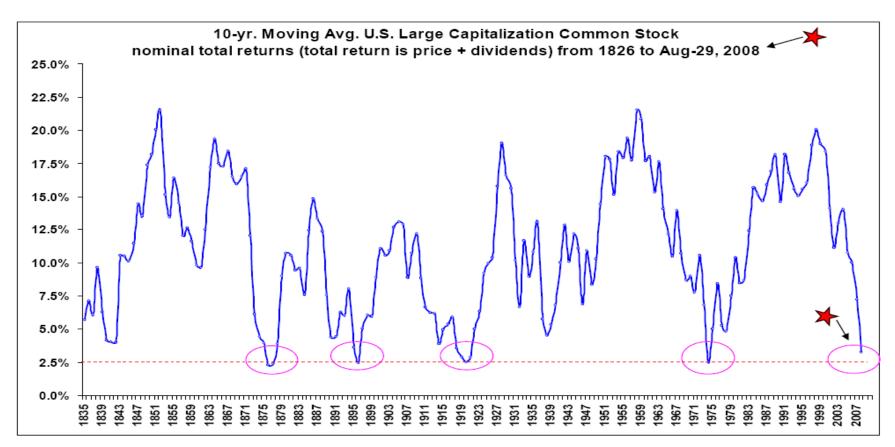


Assumes a monthly investment of equal payments at start of each month for 12 months.

Source: Standard & Poor's; Insight Financial Research

^{**} Assumes a lump sum investment (equal to sum of above note's 12 payments) and made on January 1. Note: Does not include any dividend reinvestment.

10 year moving average of S&P500 returns suggest we are near a low only seen 4 other times in 182 years



Source: Yale Center of Finance, Standard & Poors, Ibbotson Associates.

Choose Wisely. Mackenzie